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MODEL T34010 4' ADJUSTABLE HEAVY DUTY WORKBENCH W/OUTLETS INSTRUCTIONS

Introduction

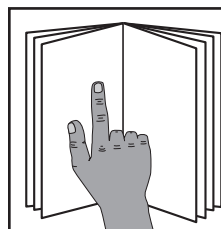
The Model T34010 4' Adjustable Heavy-Duty Workbench w/Outlets is designed with a variable table height of 31"–38¾", depending on the needs of your project. It features a thick Hevea butcher block tabletop, built-in power outlets, and 18-gauge steel legs that support up to 1300 lbs.



Figure 1. Model T34010.

Specifications

Table Dimensions..... 48"W x 20"D x 1¾"H
Table Height..... 31"–38¾"
Maximum Weight Capacity..... 1300 lbs.
Approximate Assembly Time..... 30 Minutes
Power Cord Length..... 60 in.
Included Plug Type..... 5-15
Max. Amperage Load..... 15A
Max. Voltage..... 125V
Frequency..... 60 Hz
Max. Wattage..... 1875W
USB Output..... 5VDC, Max. 2.1A



⚠ WARNING

To reduce your risk of serious injury, read this entire manual **BEFORE** using this product.

Inventory

Description	Qty
A. Leg w/Hook.....	1
B. Leg.....	1
C. Cross Beams.....	2
D. Table.....	1
E. Button Head Cap Screws M8-1.25 x 20 (PT34010007).....	8
F. Tap Screws M5 x 15 (PT34010006).....	22

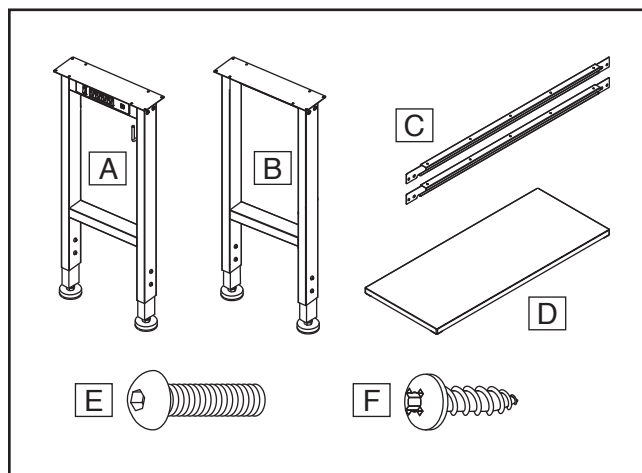


Figure 2. Inventory.

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(FOR MODELS MFD. SINCE 12/23) #RO23758 PRINTED IN CAMBODIA

V1.09.25

Keep for Future Reference

Needed for Setup

Description	Qty
Phillips Head Screwdriver #2	1
Wrenches or Sockets 13, 19mm	1 Ea.
Hex Wrench 5mm.....	1
Level	1

Assembly

The Model T34010 must be fully assembled before it can be used. Before beginning the assembly process, refer to **Needed for Setup** and gather all listed items.

Note: Only hand-tighten fasteners until instructed to fully tighten in **Step 4**.

1. Place leg w/hook and leg upside down with power strip outlets facing outward, then attach (2) cross beams to legs and secure with (8) M8-1.25 x 20 button head cap screws (see **Figure 3**).

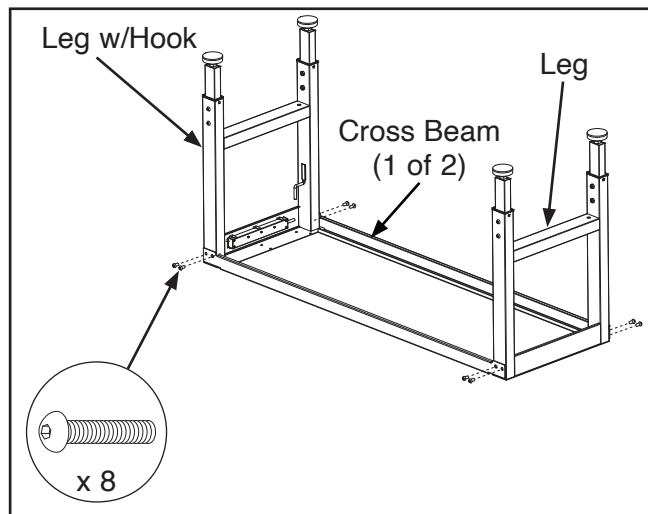


Figure 3. Cross beams attached to legs.

2. Place table on a flat, protected surface with positioning labels facing up (see **Figure 4**).

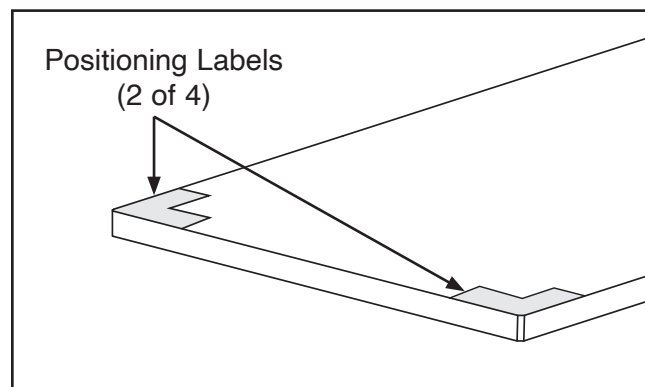


Figure 4. Location of table positioning labels.

3. Place leg assembly on table and align all corners with positioning labels, then secure leg assembly to table using (22) M5 x 15 tap screws (see **Figure 5**).

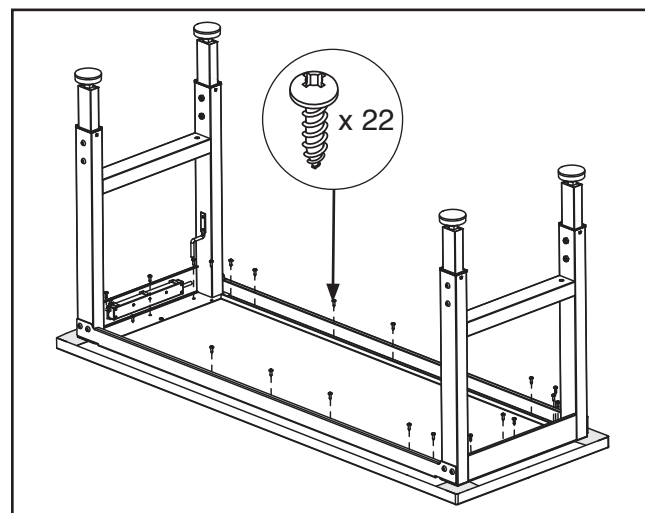


Figure 5. Attaching leg assembly to table.

4. Fully tighten fasteners installed in **Steps 1–3**.



Adjusting Legs

1. Remove (2) pre-installed screws and lock nuts from bottom of each leg, then raise or lower (4) adjustable legs as desired and secure with removed fasteners, as shown in **Figure 6**.

IMPORTANT: Ensure all legs are adjusted to same height.

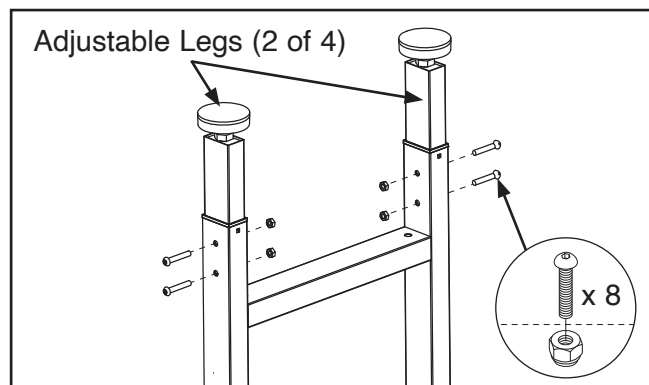


Figure 6. Location of fasteners securing adjustable legs.

2. Stand workbench upright and verify all adjustable feet are flush with floor (see **Figure 7**).

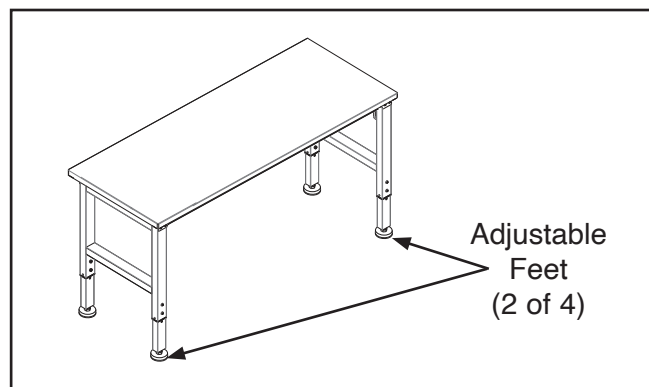


Figure 7. Location of adjustable feet.

3. Place level on table and adjust fixed nut on each adjustable foot to level table, then loosen jam nut on each adjustable foot to secure position (see **Figure 8**).

Note: Tighten fixed nut to lower table, and loosen fixed nut to raise table.

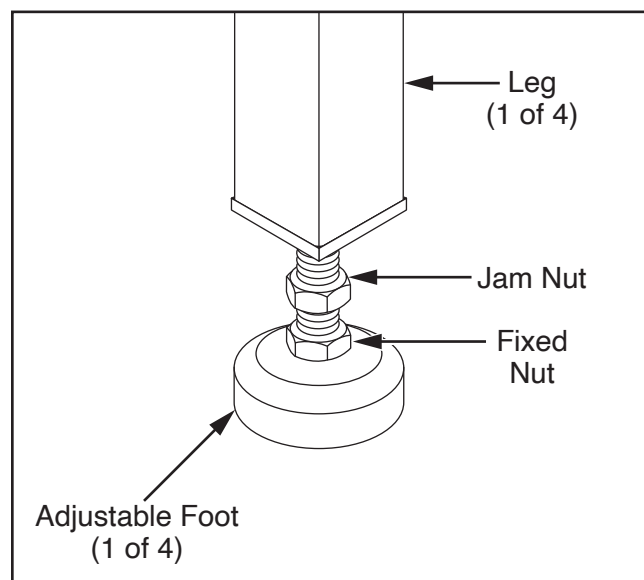
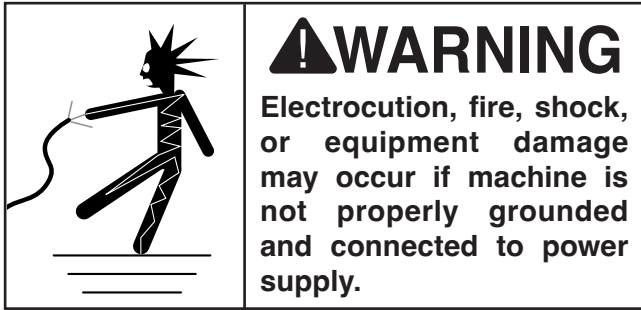


Figure 8. Leveling table with adjustable feet.





120V Circuit Requirements

This workbench is prewired to operate on a power supply circuit that has a verified ground and meets the following requirements:

Nominal Voltage 110V, 115V, 120V
Cycle 60 Hz
Phase Single-Phase
Power Supply Circuit 15 Amps
Plug/Receptacle NEMA 5-15

A power supply circuit includes all electrical equipment between the breaker box or fuse panel in the building and the power strip. The power supply circuit used for this power strip must be sized to safely handle the full-load current drawn from the power strip for an extended period of time. (If this power strip is connected to a circuit protected by fuses, use a time delay fuse marked D.)

Grounding & Plug Requirements

This power strip **MUST** be grounded. In the event of certain malfunctions or breakdowns, grounding reduces the risk of electric shock by providing a path of least resistance for electric current.

This power strip is equipped with a power cord that has an equipment-grounding wire and a grounding plug. Only insert plug into a matching receptacle (outlet) that is properly installed and grounded in accordance with all local codes and ordinances. **DO NOT** modify the provided plug!

! WARNING

- Do not connect to plug receptacle via extension cords or in series with other power strips.
- Keep electrical connections clear of flammable materials.
- Keep electrical connections dry. Do not use in damp or wet conditions.
- Do not connect devices to power strip that draw more than listed power strip rating. Equipment must be used in accordance with any instructions or labeling.
- Power strips are designed for use with low-powered loads, such as battery chargers. Not designed for use with high-powered loads, such as space heaters or microwaves.
- Do not run cord under floor coverings or where it may be tripped over.
- Not intended for outdoor use.
- Prevent unauthorized use by children or untrained users.

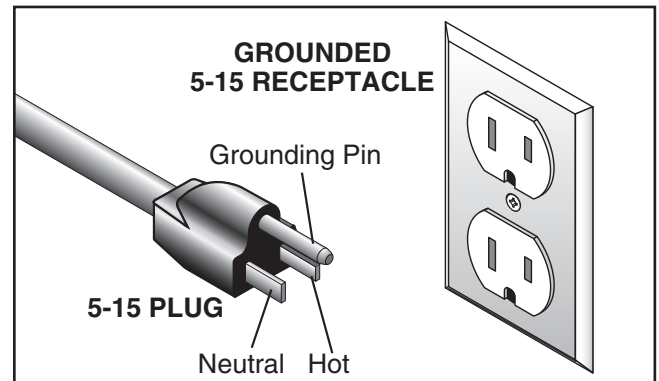


Figure 9. Typical 5-15 plug and receptacle.



Accessories

! WARNING

Installing unapproved accessories may cause machine to malfunction, resulting in serious personal injury or machine damage. To reduce this risk, only install accessories recommended for this machine by Grizzly.

NOTICE

Refer to our website or latest catalog for additional recommended accessories.

T32219—Grizzly Shop Stool - Green

T32203—Grizzly Shop Stool - Black

SB1121—South Bend Shop Stool

Designed for compact workspaces, these 360° swivel stools support up to 300 lbs and offer durable comfort—ideal for craftsmen who need reliable seating that moves with them.



Figure 10. Grizzly & South Bend shop stools.

T33589—Multi-Functional Magnetic LED Task Light

T33679—3600 Lumen Articulating LED Light w/Mounts

Brighter illumination and versatile articulation give you better visibility for high-precision work. Can be mounted directly to a work bench with the included screw mount or clamp mount.



Figure 11. T33679 Articulating LED Light.

H0837—3-Drawer Mid-Riser with Ball Bearing Slides

H0838—6-Drawer Top Tool Chest with Ball Bearing Slides

Keep your tools organized and within reach with our ball-bearing drawer chests—available in multiple configurations to suit any small shop setup.

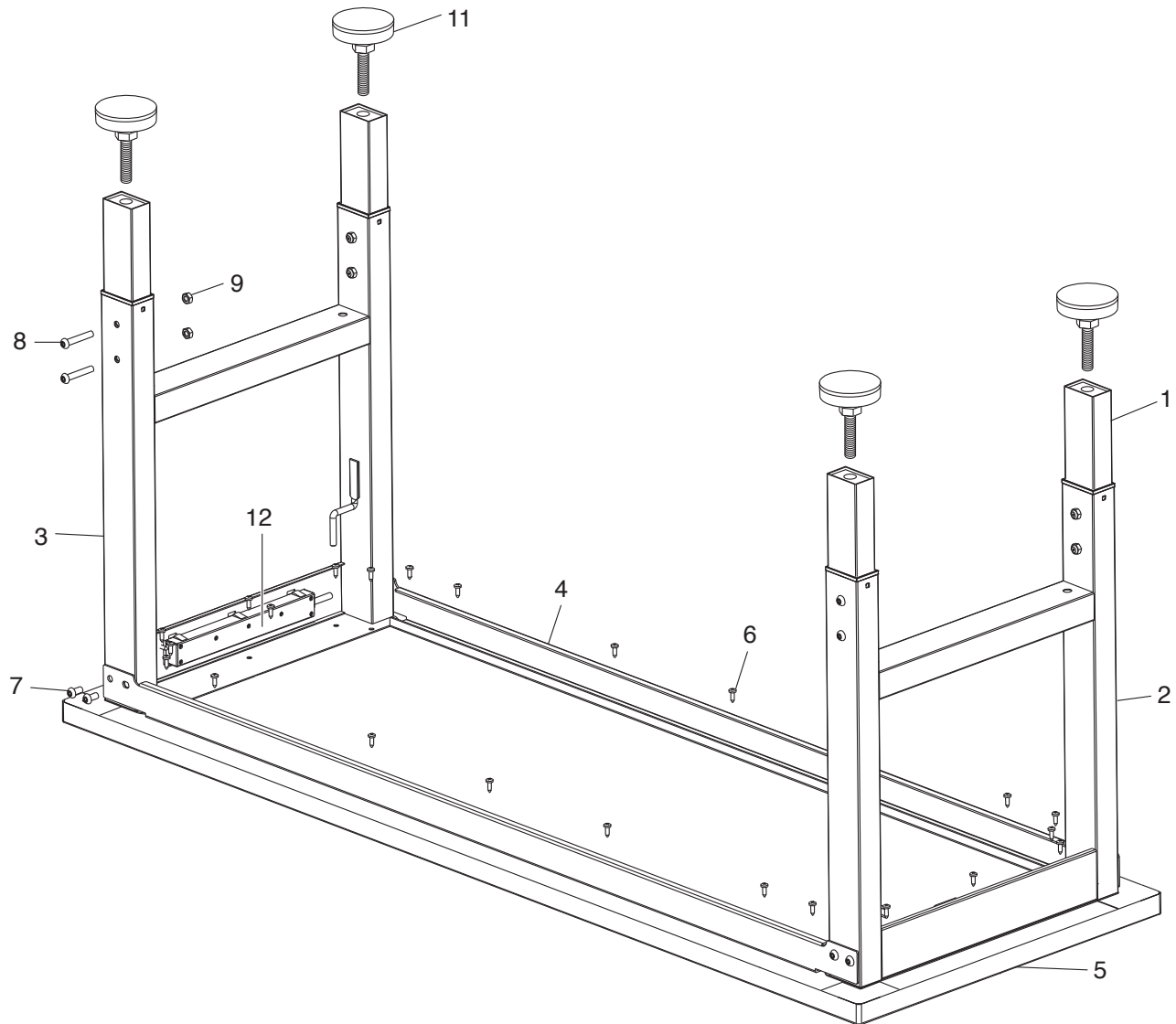


Figure 12. H0837 3-Drawer Mid-Riser w/Ball Bearing Slides.

order online at www.grizzly.com or call 1-800-523-4777



T34010 Parts Breakdown & List



REF PART # DESCRIPTION

1	PT34010001	ADJUSTABLE LEG
2	PT34010002	LEG
3	PT34010003	LEG W/HOOK
4	PT34010004	CROSS BEAM
5	PT34010005	TABLE 20" X 48" X 1.25"
6	PT34010006	TAP SCREW M5 X 15

REF PART # DESCRIPTION

7	PT34010007	BUTTON HD CAP SCR M8-1.25 X 20
8	PT34010008	BUTTON HD CAP SCR M8-1.25 X 48
9	PT34010009	LOCK NUT M8-1.25
11	PT34010011	ADJUSTABLE FOOT M12-1.75 X 50
12	PT34010012	POWER STRIP TA1424121F12 125V 5-15P

We do our best to stock replacement parts when possible, but we cannot guarantee that all parts shown are available for purchase. Call (800) 523-4777 or visit www.grizzly.com/parts to check for availability.



Labels & Cosmetics



REF	PART #	DESCRIPTION
20	PT34010020	MACHINE ID LABEL
21	PT34010021	FIRE HAZARD LABEL
22	PT34010022	POWER LABEL

REF	PART #	DESCRIPTION
23	PT34010023	GRIZZLY OBLONG NAMEPLATE-MINI
24	PT34010024	TOUCH-UP PAINT, GLOSSY BLACK

WARNING

Safety labels help reduce the risk of serious injury caused by machine hazards. If any label comes off or becomes unreadable, the owner of this machine **MUST** replace it in the original location before resuming operations. For replacements, contact (800) 523-4777 or www.grizzly.com.





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